

TO YOUR PLANTASTIC JOURNEY

Burgreens is here to serve you delicious, healthy plant-based meals using natural ingredients. We source half of our ingredients directly from local farmers & food artisans at fair-trade prices.

Omnivores, vegetarians & vegans - as well as gluten-free, low-carb, & high protein peeps-rest assured you will find something for you, your friends and family here!

If you have any questions or dietary restrictions, do let our friendly crew know and we would be more than happy to help you:)



GREENREBEL

Are you wondering what makes our homemade plant-based protein so meaty?

Our sister company, **Green Rebel**, makes wholesome **protein from mushrooms and GMO-fee soy** that bites and tastes like meat.

Green Rebel proteins are high in protein & fiber, lower in saturated fat, lower in calories, and contains 0% cholesterol.

Try Green Rebel Heat & Eat meals at the cashier to have your healthy meals anywhere, ready in less than 3 minutes!

Check out @greenrebelfoods.id more information.

DISCLAIMER

We strive to meet all of our customer's needs. While we offer gluten-free and peanut-free options, we are not a gluten or peanut-free kitchen. Cross-contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens. Please consider this information in light of your individual requirements and needs.

Complete macros of our menus available on myfitnesspal



BRING HEALTHY MEALS TO YOUR EVENTS!













Get your family, friends, and colleagues healthier, while supporting UN's Sustainable Development Goals!
Our plant-based meals can save up to 90% less emission than

Our plant-based meals can save up to 90% less emission than animal-based meat.



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catering@burgreens.com

LIGHT BITES

CREAMY MUSHROOM BANANA BREAD S 25 40 SOUP GFav A treat made from ripe bananas with a sprinkle of chocolate chips, baked to perfection for a moist, irresistible texture—comforting and impossible to Warm bowl of creamy mushroom soup with champignon chunks, served with garlic sourdough bread 186 calories | 3gr protein 320 calories | 6gr protein **PAIN AU CHOCOLAT** 33 CRISPY CHICK'N 45 Buttery pastry filled with dairy-free TENDERS (S) Perfect for quick bites! Tender, juicy and finger-lickin' good crispy chick'n, served with your 258 calories | 5gr protein sauce of choice (spicy mayo/caesar dressing) **SWEET POTATO** 36 341/381 calories 8/6gr protein FRIES GF AF Orange and purple sweet potato fries 366 calories | 4gr protein **CRISPY MUSHROOM** 39 BITES AF (Creamy Mushroom Soup Golden-brown crispy mushroom served with your sauce of choice (spicy mayo/caesar dressing) 372/358 calories | 4gr protein Pain Au Chocolat Sweet Potato Crispy Chick'n Crispy Mushroom Bites

LEMPER A'YUM 🙃 s 1PC/4PCS

Glutinous rice filled with shredded chick'n, seasoned with aromatic herbs and spices

95 calories | 6gr protein

CRISPY BANANA FRITTERS @

Golden, crispy banana fritters made with a gluten-free batter, drizzled with rich coconut condensed mylk and cheeze. A delicious sweetsavory twist on a classic favorite!

383 calories | 2gr protein

15/54

35

GYOZA S

Pan-fried gyoza with shiitake mushroom, tofu, carrot, white cabbage filling, served with wafu sauce

380 calories | 11gr protein

CHICK'N SATAY 🚨 S 🕦

45

45

45

Chick'n chunks on skewers, bites served with your sauce of choice (peanut sauce/garlic chili)

405/323 calories | 15/9gr protein

BURGREENS-STYLE MARANGGI SATAY 🙃 🕏

Sweet and savoury maranggi beev satays, perfect as an appetizer or a snack!

378 calories | 16gr protein

GF gluten-free

As allium-free

s contains soy

spicy

low gluten

contains nut

gluten-free available

longer prep time

allium-free available



SMOOTHIE BOWLS

MIGHTY GREEN BOWL N. S

Pineapple, banana, starfruit, spinach, bok choy, soy mylk, spirulina, kiwi, protein powder, flaxseed, rolled oats, and lemon served with homemade granola and chia seeds

68



MOONLIGHT BERRY BOWL N S



Dragon fruit, blueberry, lemon, sweet potato, banana, papaya, and soy mylk, topped with homemade granola and chia seeds

362 calories | 10gr protein

68

TROPICAL BLISS BOWL N

Banana, pineapple, starfruit, orange, and lemon served with homemade granola and chia seeds

306 calories | 9gr protein

68



Add 1 Scoop of Protein Powder

+10



N contains nut



s contains soy

SHARING PLATTERS



s contains soy

contains nut

FARM TO TABLE SALADS









allium-free

s contains soy



GFav gluten-free available











TERIYAKI BOWL S LG AFav







50

RENDANG BOWL GF S AFav









Chick'n teriyaki, served with organic brown rice and greens

397 calories | 20gr protein

switch chick'n to tempe

45

55

55

A flavorful bowl of beev rendang topped with garlic chili, tempe skewer, organic brown rice and kerupuk gendar (rice crackers)

481 calories | 27gr protein

SWEET AND SOUR CHICK' N BOWL S

A flavor-packed bowl of crispy chick'n cooked in Chinese-inspired sweet and sour sauce, served with organic brown rice and fresh greens

589 calories | 13gr protein

BLACKPEPPER BOWL GF S h AFav

59

Meaty beev cubes topped with savory blackpepper sauce served with brown rice, steamed bean sprouts, corns, and green beans

518 calories | 18gr protein

switch beev to tofu and mushroom!

49

NASI GURIH DENDENG BALADO GF S





Savory coconut rice served with spicy beev dendeng, tempe, and kerupuk gendar (rice crackers)

515 calories | 18gr protein



Switch to shirataki rice!

+25











TOFU VEGGIE ROLL GF S AF Organic brown rice rolled with tofu, kyuri, crisp romaine lettuce, and carrot, served with a side of homemade creamy teriyaki sauce on the side

378 calories | 11gr protein





GF gluten-free



s contains soy

Prices & menu are subject to change without prior notice · All pictures shown $are\ for\ illustrative\ purposes\ only\cdot Prices\ exclude\ Government\ Tax\ \&\ Service\ Charge$



50





LIGHT BITES

PAIN AU CHOCOLAT

Buttery pastry filled with dairy-free dark

258 calories | 5gr protein

SWEET POTATO FRIES 6

Orange and purple sweet potato fries

366 calories | 4gr protein

CRISPY MUSHROOM **BITES**

Golden-brown crispy mushroom served with your sauce of choice (spicy mayo/caesar dressing)

372/358 calories | 4gr protein

WESTERN

TRUFFLE MUSHROOM PASTA S

Decadent combination of pasta, truffle oil, plant-based cheddar, sauteed champignon mushroom and spinach. Delizioso!

555 calories | 10gr protein

ROAST BEEV BURGER S

Tender roast beev layered with zesty mustard, and crispy enoki mushrooms, all nestled in soft

437 calories | 17gr protein

BEEV CHEEZE BURGER S GFav

Premium plant-based patty topped with melted cheeze, coleslaw salad, sliced tomatoes and homemade cucumber pickles in soft wheat buns

545 calories | 21gr protein

SALADS

BEEV SALAD ROLL G S

Rolling in the deep with our salad roll ~ enjoy the perfect combinations of shredded beev and fresh veggies paired with soyu sauce. Yum!

305 calories | 7gr protein

BLACKPEPPER SALAD BOWL S G

Meaty beev cubes served with lettuce, steamed corn, mixed seeds, green beans, with a side of blackpepper sauce

480 calories | 21gr protein

ASIAN

33

36

39

60

60

60

50

65

RENDANG BOWL @ S 🌢





A flavorful bowl of beev rendang, tempe skewer, organic brown rice and kerupuk gendar (rice crackers)

481 calories | 27gr protein

BLACKPEPPER BOWL 65 6





Meaty beev cubes topped with savory blackpepper sauce served with brown rice, steamed bean sprouts, corns, and green beans

518 calories | 18gr protein

KUNGPAO TOFU 🐠 🕏

55

Chinese-style tofu, served with organic brown rice and fresh greens

597 calories | 21gr protein

GYUDON S

50

50

Pan-grilled teriyaki beev slices, served over organic brown rice and topped with a fresh salad.

418 calories | 13gr protein

TOFU VEGGIE ROLL 65 S

Organic brown rice rolled with tofu, kyuri, crisp romaine lettuce, and carrot, served with a side of homemade creamy teriyaki sauce on the

378 calories | 11gr protein

BEEV TERIYAKI ROLL S

50

Organic brown rice rolled with teriyaki beev slices, kyuri, carrots, cabbage and romaine, served with homemade creamy teriyaki sauce on the side

379 calories | 12gr protein

SUKIYAKI 🐠 🛭



60

Japanese hotpot with glass noodles, tofu, fresh vegetables, enoki and shiitake mushroom shimmered in a savory shoyu broth

273 calories | 15gr protein

SPICY TANTAN RAMEN GE S N 6

60

Hearty, fiber-rich bowl of gluten-free sweet potato noodles with spicy sesame miso broth, packed with tofu, greens and mushrooms.

434 calories | 9gr protein

EXTRA! EXTRA!

EXTRAS



Straight-Cut Fries +20

414 cals / 5gr protein



Sweet Potato Fries +20

193 cals / 2gr protein



Fried Gyoza +18

1163 cals / 3gr protein



Rice Crackers +10

165 cals / 17gr protein



Green Salad +25

223cals / 6ar protein



Coleslaw + 10

102 cals / 1gr protein



Gluten-free Bread +25

300 cals / 3gr protein



Sourdough Bread +15

84 cals / 3gr protein



Shirataki Rice +25

4 cals



Brown Rice +10

185 cals | 4gr Protein

PROTEIN EXTRAS



Grilled Chick'n +20

165 cals / 17gr protein



Steamed Edamame +15

67 cals / 5gr protein



Vegan Protein Powder +10

40 cals | 11gr protein



Steamed Tofu +15

83 cals / 9gr protein



Rendang Bites +20

+20 169 cals / 8gr protein



Tempe Skewer +20

257 cals | 21gr protein

PROTEIN!



Sweet Soy Sauce +5

31,6 cals



Caesar Dressing +10

110 cals



Sambal Matah +10

90 cals



Chili Garlic Sambal +10

74 cals



Peanut Sauce +10

83 cals



Truffle Sauce +12

67 cals



Blackpepper Sauce +12

73 cals



Cheeze +12

150 cals / 1gr protein



Sweet Mustard +12

150 cals / 1gr protein



HIGH PROTEIN

SERIES

BISCOFF COFFEE PROTEIN MOUSSE

A creamy blend of bold coffee and caramelized Biscoff flavors, whipped into a protein-rich mousse. Indulgent yet nourishing, perfect for coffee lovers.

199 calories | 8gr protein

CHOCOLATE PROTEIN MOUSSE S 6

Smooth, rich, and packed with protein—this chocolate mousse delivers deep cocoa flavors in a light, airy texture. A satisfying treat with a boost of protein.

226 calories | 10gr protein

COOKIES & CREAM PROTEIN MOUSSE S

A protein-packed twist on a classic dessert—rich chocolate mousse topped with creamy cookies & cream for the perfect balance of indulgence and nourishment.

210 calories | 8gr protein

27

27

27



PROTEIN SHAKES

WONDER GREEN 9

Pineapple, banana, starfruit, spirulina, spinach, soymylk, protein powder, bok choy, flaxseed, rolled-oats, gojiberry and coconut flakes

257 calories | 12gr protein

BANANA CHOCO CARAMEL S

Banana, cacao, soymylk, protein powder, rolled-oats, flaxseed, gojiberry and coconut flakes

241 calories | 17gr protein

MOONLIGHT BERRY S

Blueberry, sweet potato, banana, papaya, dragon fruit, soymylk, lemon, gojiberry and coconut flakes

303 calories | 12gr protein



Add 1 Scoop of Protein Powder
40 cals | 11gr protein

+10

52

52

52



SUPERFOOD SMOOTHIES

DETOX RED VELVET

45

Beet, watermelon, chia seed and coconut water

78 calories | 2gr protein

TROPICAL GLOW

45

Pineapple, banana, lemon, starfruit, orange, gojiberry and coconut flakes

209 calories | 7gr protein

GREEN PUNK

47

Pineapple, banana, starfruit, spinach, bokchoy, gojiberry, and coconut flakes.

130 calories | 3gr protein

HERBAL **ELIXIRS**



35

The classic mpon jamu (ginger, Java turmeric, cinnamon, lemongrass) mixed with refreshing soda. Immune boosting and thirst quenching!

20 calories



SUPER IMMUNE BOOSTER (HOT/COLD)

Ginger, Java turmeric, cutcherry, clove, lemongrass, star anise, pandan leaves, brown sugar, water

92 calories

27

79 calories

Red ginger, pandan leaves, cardamom,

REFRESHMENT



STILL WATER 0 calories	15	LONG BLACK (HOT/COLD) 10 calories	25
COCONUT WATER 57 calories 2gr protein	25	LEMON TEA (HOT/COLD) 24 calories	30
JASMINE CHIA TEA (HOT/COLD)	25	LYCHEE ICED TEA 102 calories	35

35 calories

MATCHA SERIES



MATCHA BERRY LATTE (S)

Creamy matcha latte topped with tangy blueberry whipped cream

239 calories | 8gr protein

DIRTY MATCHA LATTE S

A blend of rich matcha, mylk, and a shot of espresso 76 calories | 5gr protein

COCONUT 38 MATCHA CLOUD 6

> Creamy matcha cloud on top of refreshing coconut water

235 calories | 6gr protein

38

Substitute to oatmylk

+10

38



s contains soy





You deserve a whiff of bergamot to brighten your day! 268 calories | 3gr protein

ES KOPI SUSU ABANG MAX BOBA 🕕 🕲

Es Kopi Susu Abang Max with a chewy twist 236 calories | 3gr protein

BROWN SUGAR MYLK TEA BOBA 🕦 🔇

35

35



35

Everyone's favourite boba 295 calories | 5gr protein

MATCHA LATTE BOBA 🕦 🔇

40

Matcha goodness and chewy pearls, loaded with antioxidants

278 calories | 3gr protein

Substitute to oatmylk

+10

contains nut



s contains soy



CHOCOLATE FUDGE BROWNIE BAR





Gooey brownie handcrafted with cacao powder and cassava flour, topped with

chocolate chunks and almonds

304 calories | 4gr protein

CHEWY CHOCO CHIPS COOKIE @

1PC/2PCS

A gluten-free version of a choco chip cookiel It's the perfect combination of melt-in-yourmouth decadent chocolate and oat goodness!

320 calories | 4gr protein

BLUEBERRY CHEEZECAKE IN A CUP

Cream cheeze topped with blueberry sauce and paired with oreo crumbs

327 calories | 3gr protein

BISCOFF CHEEZECAKE IN A CUP

40

40

Cream cheeze paired with caramel coffee sauce and topped with a biscoff cookie

381 calories | 4gr protein

STRAWBERRY KENARI **NUT CHEESECAKE**

60

Rich and creamy New York style cheesecake made with kenari nut cream cheeze, topped with fresh strawberry puree and raw strawberries

349 calories | 5gr protein

28

28,5/50

We source most of our ingredients locally. We take pride in partnering up with passionate organic farmers and food artisans from different parts of Indonesia. BURGREENS







Local Blueberry - Cipanas



BURGREENS

NUTRITIONALLY BALANCED

All of our menus are designed with the principle of Balanced Nutrition, crafted by Chef Max Mandias, a certified Nutrition Coach from Cornell.

100% PLANT-BASED

All of our menu are plant-based for your better health, animal welfare and environmental sustainability.

COMPLEX CARBS

We love wholesome carbs s.a vegetables, fruits, organic brown rice, local gluten-free flour, wholewheat flour, and sweet potato noodles.

PLANT PROTEIN POWER

Plant protein has been found to be the key factor in longetivity and faster recovery. In Burgreens, you can find tofu, tempe, chickpea, mushroom-based & soy-based meat alternatives that will delight both your taste buds and gut health:)

YES TO SEA SALT, NO TO MSG

We do not use added MSG in our menu and use local sea salt and herbs to create the umami flavours that you like!

LOCALLY SOURCED AND ORGANIC

We proudly craft our plant-based protein from GMO-free soy and organic shitake mushrooms sourced from YUM Organic Farm in Cipanas

GREEN REBEL





FIGHT CLIMATE CHANGE •

GO PLANT-BASED 2X/WEEK AND YOU WILL SAVE:

4163 LITERS OF WATER

amount of water you could drink for 6 years

ZU KG of wheat

amount of wheat consumed by an average Indonesian for 8 months

40 KG _{of co2}

amount caused by 235 kilometres of driving





GO PLANT-BASED & LIVE LONGER!

Did you know that **the longest living people on the planet** are those who eat
predominantly whole-foods
plant-based diet?

CHECK OUT THESE GOOD READS

Bluezones Diet by Dan Buether

The China Study by Dr. Campbell

How Not to Die by Dr. Michael Greger



CORPORATE WELLNESS PROGRAM

We commit to continuously educating the public about healthy & sustainable eating. Every month we always hold fun and informative events for our community. **You can check our event schedule at:**



+62 878 8678 2082

Get in touch with us at partnership@burgreens.com for your corporate wellness events!

JOIN THE MOVEMENT! #MEATLESSMONDAY



BURGREENS' MILESTONES

2012

2013 - 2014

2015 - 2016



 Young Indonesian vegan couple living in the Netherlands, Max & Helga, came up with an idea to open a plant-based restaurant. They wanted to make healthy & sustainable meals, fun & accessible!



- Max came up with Burgreens 1st menu ever, Mighty Mushroom & Mini Trio Burger. They are still our best sellers, give it a try!
- Expanding Burgreens menu to 50+ options!



- Voted as best vegetarian restaurant in Jakarta (Trip Advisor) & best healthy food in Jakarta (Zomato).
- Helga was awarded Forbes 30Under 30 Asia.
- Opened Burgreens Darmawangsa.

2020



2017



- Survived the COVID-19 pandemic and was awarded the 2020 Top CSR award.
- Our sister company
 Green Rebel was born.



- Opened Burgreens Eatery in Wahid Hasyim, Menteng (our flagship store).
- Opened Burgreens Kelapa Gading (MOI) and The Breeze BSD.



Our first year entering malls!
 Burgreens PP & Burgreens
 PIM were opened in this
 transformational year.

MORE PLANTASTIC JOURNEY AWAITS...

2021



2025



- Max is awarded by Tatler as one of Indonesia's Tastemakers.
- Opened our new concept: Max's Pizza.





Opened our retail concept:
 GreenKind.

GREEN Kind



Opened Burgeens Pacific Place



